

ALCOHOL ADDICTION: ILLNESS OR INDULGENCE?

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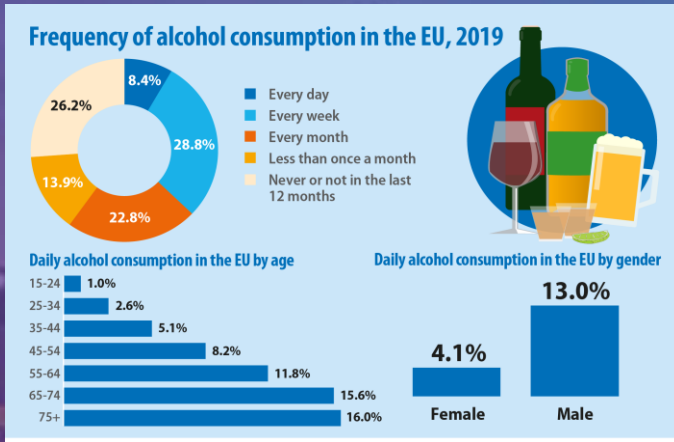


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ICN CONGRESS
1-5 JULY 2023

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Introduction



Aim

to assess the psychological flexibility of patients receiving addiction treatment in the inpatient center toward their addiction and to analyze the level of stigmatization.

Participant

Patients receiving treatment at the Center for Addictive Diseases participated in the study (N-240).

Results

- The patients with higher education, who started getting drunk before the age of 20 and who were not undergoing treatment for the first time rated themselves better, and were psychologically more flexible in trying to achieve the goals of sobriety
- A statistically significantly higher overall level of stigmatization perception was found in men who received treatment three times or more.
- A higher level of patients' perception of stigma was associated with greater psychological flexibility.

Methods

Substance Abuse Behaviour scale and the Perceived Stigma of Substance Abuse Scale.

Conclusions

Psychological flexibility was characteristic of a large part of the patients. A higher level of stigmatization was more common in patients who were not in treatment for the first time and correlated with greater psychological flexibility.

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